

# **MEALS ON WHEELS**

Meals on Wheels is looking for individuals who have limited time, but want to serve their Parish and community. IHM is responsible for covering three (3) routes every Monday. Our intention is to have each volunteer work once per month. If you have two hours to give once a month, then you can provide a needed service to the people of Clay County.

You will pick up the prepared meals at the Clay County Senior Center about 10:30a.m., and deliver them to those in need. You should be back by noon or shortly thereafter. Through your duties, you will meet some interesting people who appreciate your service.

If you can't commit to one day a month, will you commit to being an alternate?

We need your HELP!